**2025 RINGWOOD TRACK SCHEDULE**

**High School**

April 11th Chisholm 9:00am

April 18th Thomas 6:00am

April 22nd Conference @ Cherokee 9:00am

April 28th Covington-Douglas 8:00am

May 3rd Regional 6:00am

May 9th-10th State @ Western Heights 6:00am

**Junior-High**

April 3rd Ringwood 9:00am

April 7th Okeene 8:00am

April 14th Thomas 6:00am

April 22nd Conference @ Cherokee 9:00am

April 28th Covington-Douglas 8:00am

 **5th and 6th Grade**

April 2nd Ringwood Dismiss @ 8:30 am

April 9th Ringwood Dismiss @ 8:30 am

April 16th Pond Creek Leave @ 7:45 am

April 30th Covington Leave @ 7:45 am